



For Immediate Release  
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## **Day Haven Offers Free Support to Family Caregivers of the Elderly with Dementia**

(Ronkonkoma, NY)... Day Haven Adult Day Services, providers of day time care and therapeutic activities for frail older adults and individuals with Alzheimer's disease or a related dementia, offers **free** monthly caregiver support groups for family caregivers. Support groups at Day Haven provide emotional support and practical advice for those caring for a frail older adult or someone with memory loss. The groups meet at the following times:

**First Wednesday of each month**, 6:30 p.m. to 8:00 p.m., 1 Jefferson's Ferry Drive, South Setauket, NY.  
Upcoming meeting dates: December 7, 2011, January 4, February 1, and March 7, 2012.

**Second Tuesday of each month**, 6:00 p.m. to 7:30 p.m., 2210 Smithtown Avenue, Ronkonkoma  
Upcoming meeting dates: December 13, 2011, January 10, February 14, and March 13, 2012.

**Last Friday of each month**, 10:00 a.m. to 11:30 a.m., 2210 Smithtown Avenue, Ronkonkoma  
Upcoming meeting dates: December 30, 2011, January 27, February 24, and March 30, 2012.

New members are always welcome. On-site, professional care for frail older adults and those with Alzheimer's or a related dementia is available during the meetings free of charge. Please call ahead to confirm the dates and to make a reservation if you need care for your loved one. For more information, please call Julie Wexler at Day Haven Adult Day Services, (631) 585-2020, ext. 260.

### About Day Haven

Day Haven Adult Day Services is a social model adult day care program with centers in Port Jefferson and Ronkonkoma, NY, offering day time care and therapeutic recreation for frail older adults and those with Alzheimer's or a related dementia. Day Haven also provides an array of supportive services for families including caregiver support groups and educational events.

Day Haven Adult Day Services  
2210 Smithtown Avenue, Ronkonkoma, NY 11779  
(P) 631-585-2020 (F) 631-585-8681 [www.dayhaven.org](http://www.dayhaven.org)  
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