



For Immediate Release

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**Day Haven Plans to Expand Programs for Frail Elderly
and Individuals with Alzheimer's**

(Ronkonkoma, NY...) Day Haven Adult Day Services, a program of The Community Program Centers of Long Island, will expand its services in Ronkonkoma for frail older adults, individuals with Alzheimer's or a related dementia, and family caregivers. The expansion is supported by a recent \$20,000 grant from the Knapp Swezey Foundation and a \$5,000 grant from The Alzheimer's Foundation of America.

Day Haven's Director, Elizabeth A. Geary, states, "there is documented need for more social model adult day programs serving the increasing number of frail elders and those with Alzheimer's or a related dementia." Social model programs are recognized as a cost-effective model of care for older adults requiring supervision and assistance with activities of daily living as a result of a physical or cognitive deficit such as dementia. According to data collected by the New York State Office for the Aging, social model adult day programs support cognitive, physical and social functioning resulting in delayed nursing home placement often for 24 months or more.

With the grant support, Day Haven will expand the square footage of program space. The new space will provide an additional program room, a handicapped accessible bathroom with shower and hair salon capacity, and a caregiver support conference room where families can meet with Day Haven staff.

Day Haven Adult Day Services, with centers in Port Jefferson and Ronkonkoma, provides day time care, professional supervision, and assistance with activities of daily living for frail older adults and individuals with dementia who are living at home in the community. Day Haven also provides caregiver services such as free support groups, educational events, and information and referral services for families caring for a frail older adult or individual with Alzheimer's disease.

For more information about Day Haven's program expansion or other Day Haven programs and services, contact Julie Wexler at (631) 585-2020, ext. 260.

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